



ARTS for HEALTH
AUSTRIA



DANCE – NEW MOVES IN HEALTH CARE

Friday, 11th of December 2020 | HYBRID FORUM
10:00 - 18:00 CET at MuseumsQuartier Vienna and online

In cooperation with

 Federal Ministry
Republic of Austria
Arts, Culture,
Civil Service and Sport



The overwhelming evidence of the health benefits of dance interventions, as highlighted by the World Health Organisation (WHO) 2019 report, means some European countries have already embraced and integrated the model of 'arts on prescription' into their existing healthcare structures. Following this report, the discussion began in Austria at the 'Arts for Health' workshop, hosted by the Department for European and International cultural policy in the Ministry of Arts, Culture, Civil Service and Sport. The challenges of the Covid-19 pandemic have made this topic even more pertinent, as individuals and communities seek to adapt and self-manage in the face of such physical, mental and social health challenges.

"DANCE – NEW MOVES IN HEALTH CARE" presents an overview of the different approaches and potential dance-based programmes already implemented across Europe and the USA. We focus on the successes and the challenges, on innovation and future developments.

Information and Registration: www.artsforhealthaustria.eu and www.danceandcreativewellness.com

Contact: artsforhealthaustria@gmail.com

SPEAKERS

CLARE GUSS-WEST

The Spectrum of Dance.
Benchmarking of Best Practice in
Dance for Health Programmes.

KAI LEHIKONIN

A European Perspective on
Dance for Health.

BEGOÑA SAN JOSÉ

Developments in E-Health and
How Dance can be integrated.

BREAK OUT GROUPS

Group discussions on
Dance for Health topics.

DDR. OLIVER PETER GRABER

Neural plasticity in Music and
Dance.

EDITH WOLF PEREZ

Dance for Health in Austria.
An Outlook.

ANDREW GREENWOOD

A Case Study of 'Dance and
Wellbeing' in the Netherlands.

DAVID LEVENTHAL

A digital lifeline: Dance for
Parkinson's in the virtual space.

PRACTICAL TASTER DAY COMING SOON

A **Continuous Professional Development Day** with practical workshops for dance professionals and health care workers is coming in 2021, "New Moves in Practice". Sign up to the newsletter to stay informed at www.artsforhealthaustria.eu.